



COVID-19 Precautions

The health and safety of everyone attending Spinning Babies® Workshops and trainings is of utmost importance to us. Spinning Babies® is closely monitoring the global health situation and recommendations from public health officials. We recommend taking necessary steps to prevent any transmission of COVID-19. We cannot completely eliminate all risks.

Each of us are responsible for our own health and safety.

Each Approved Trainer works with local organizers to outline appropriate precautionary measures, based on the most up-to-date local guidelines.

Spinning Babies® recommends participants monitor the most current advice and best practices from the local authorities for their workshop.



**WEAR A
FACEMASK**



**WASH OR
SANITIZE HANDS**
frequently



**6 FEET
OR 1 1/2
METERS,**
except when
participating
in hands-on
activities.



STAY HOME
if you are, or
were exposed to
someone who is, ill
or has experienced
COVID-19 symptoms.

Follow all location-specific health and safety rules.